



# 2026 Enrollment Guide

HOURLY PLAN

## Open Enrollment begins October 20

Select your plan level and enroll or remove dependents during Open Enrollment from October 20, 2025 through November 22, 2025.

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### Open Enrollment Questions?

Contact the Trust office at **907-751-9700** or toll free at **800-478-4450**

## Dear Member,

As we approach the end of the year, it's time to review and update your Tier selection for the upcoming year. Open Enrollment for 2026 is now officially open, running from October 20, 2025 through November 22, 2025.

This is your annual opportunity to assess your current Tier Level and make any necessary changes to make sure your selection meets your needs. Whether you're considering changing your Tier or enrolling new dependents or dis-enrolling current dependents, this is the time to make those adjustments.

## What's Continuing This Year:

We will continue the following enhancements to our benefit offerings in 2026, including:

- **Lower Deductibles:** Lower deductibles were introduced January 1, 2025 for all our Plan Levels, making it more affordable for you to access the care you need.
- **Hinge Health:** We're thrilled to offer access to Hinge Health, a leading digital clinic for joint and muscle care. Hinge Health provides personalized exercise therapy programs to help manage and prevent musculoskeletal conditions like back, knee, and hip pain.
- **Improved Mail Order Refill Policy:** Effective January 1, 2025, **mail order refills** are now allowed at **50% utilization instead of 70%**, making it easier for you to manage your prescriptions and ensure you have the medications you need when you need them.

## What You Need to Do:

1. **Review Your Current Tier:** Assess whether that tier still meets your needs or if there are changes you'd like to make.
2. **Make Your Selections:** Visit [www.959trusts.com](http://www.959trusts.com) and select Health Benefits → Open Enrollment to submit your Enrollment Form online, or complete the enclosed form and submit it at the Alaska Teamster-Employer Welfare Trust office at 520 E 34th Ave., Suite 107, Anchorage AK 99503. If you do not submit an Open Enrollment form with changes by November 22, 2025, your current selections will carry over into the new year.
3. **Ask Questions:** If you have any questions or need assistance, feel free to contact the Trust office at (907) 751-9700 or toll free at (800) 478-4450.

## Important Dates:

- **Open Enrollment Period:** October 20 – November 22
- **Benefits Effective Date:** January 1, 2026

We strongly encourage you to take advantage of this opportunity to review the Tier Level options. Making informed decisions now can have a significant impact on your health, finances, and overall well-being in the coming year.

Sincerely,

Alaska Teamster-Employer Welfare Trust

# About 2026 Open Enrollment

- This Open Enrollment period provides you with an opportunity to change your tier level starting January 1, 2026, under one of the specific Plan Levels described. You also have the opportunity to enroll or dis-enroll dependents covered by your Alaska Teamster-Employer Welfare Plan.
- All enrollments and/or changes you request are subject to the specific terms and conditions described in the Plan's Summary Plan Description Booklet.
- **If you do not wish to make changes** during this Open Enrollment period, your coverage will remain at the Tier Level you are currently enrolled in, and unless you qualify for a Special Enrollment your next opportunity to change your coverage designation will be during the next annual Open Enrollment period for coverage effective January 1, 2027.
- **Don't Miss the Deadline.** Only on-time enrollments will be accepted. The last day to submit an Open Enrollment form or online enrollment changes is by November 22, 2025.
- **A Note About Section 125 Payroll Deduction Option.** If your employer offers a Section 125 Payroll Deduction option to make a pre-tax monthly payment of your portion for health and welfare benefits, please have your employer remit the appropriate rates in advance of the January 1, 2026, eligibility date.

## Complete Your Open Enrollment Online!

To make changes online during this Open Enrollment period, go to [www.959trusts.com](http://www.959trusts.com) and select Health Benefits → Open Enrollment or scan the QR code:



## What's Continuing in 2026

### Lower Deductibles

Lower deductibles were introduced January 1, 2025 for all our Plan Levels, making it more affordable for you to access the care you need. Effective January 1, 2026, all Plan deductibles will be remain the same as last year.

2025 Deductible		2026 Deductible	
Individual	Family	Individual	Family
\$750	\$2,250	\$750	\$2,250

### Refill Your Mail Order Prescriptions Sooner

In 2025, we announced a change to mail order refills. Refills are allowed at 50% utilization instead of 70%, making it easier for you to manage your prescriptions and ensure you have the medications you need when you need them.

This Plan change will allow you to order refills sooner – and give mail services more time to deliver them to your door before your medications run out. Save time and money by taking advantage of this benefit.

You do not need to be a Costco member to use the Costco Mail Order Pharmacy.

→ Visit [pharmacy.costco.com](http://pharmacy.costco.com)

# Save Money in 2026 with Low and No-Cost Care Options



## Hinge Health Virtual Physical Therapy

If you're struggling with joint or muscle pain, Hinge Health can help with virtual programs that combine gentle exercise with one-on-one support to improve your condition, reduce pain, and help you move confidently.



Whether your goal is to go hiking more, spend time in your garden, or take the stairs (or all three), you can get pain relief with exercises that can be done in as little as 15 minutes – anytime, anywhere you're comfortable.

## Preventive Care

Preventive care is an investment in your long-term health well-being. By taking simple steps now – such as scheduling an annual check-up, getting recommended screenings, and making healthy lifestyle choices – you can avoid costly health issues down the road.

Remember, staying healthy doesn't just save you money; it improves your quality of life. Take advantage of the preventive care services available to you and start reaping the benefits of a healthier future. Don't forget, preventive care is covered 100% (subject to UCR limits), with no copayment or deductible.

Covered preventive care may be different depending on your age, gender and circumstances, so be sure to check if it is covered before receiving care.

## Transcarent Surgery Care

Need Surgery? With Transcarent Surgery Care, you pay \$0. Formerly known as BridgeHealth, Transcarent Surgery Care and the Alaska Teamster-Employer Welfare Trust are committed to providing you optimal care at a lower out-of-pocket cost. Surgery costs when scheduled through Transcarent are covered at 100%. There is no deductible or coinsurance when you choose a Transcarent provider. Surgery costs paid through Transcarent include:



- Preoperative surgeon appointment
- Surgery (all facility, anesthesia, surgical staff, and surgeon charges)
- In-patient services, if a hospital stay is required
- Postoperative surgeon appointment

Surgical procedures include Cardiac, General, Neurological, Orthopedic, Spine, Vascular and Women's Health. Contact a Care Coordinator at (888) 387-3909 for additional information.

→ Visit [transcarent.com](https://transcarent.com)



## 100% Covered Care Anywhere with Teladoc

Teladoc provides you and your eligible dependents with 24/7/365 access to U.S. board certified doctors and pediatricians by phone, web or app – at no cost to you. If you cannot see your regular doctor, Teladoc doctors can diagnose, treat and prescribe medication. Connect to a doctor in minutes.



→ Download the app or visit [www.teladochealth.com](http://www.teladochealth.com)

## No Co-Pays at Coalition Health Centers

The Coalition Health Centers welcome members of the Alaska Teamster-Employer Welfare Trust and their eligible dependents. Primary care providers at the Coalition Health Centers focus on injury and illness treatment, disease prevention, health promotion, patient education, wellness and preventative care including DOT physicals. Contact the location nearest you to schedule an appointment today. Walk-ins welcome!

### Anchorage

710 East Tudor Road, Suite 120  
(907) 264-1370  
Ages 5+

### Mat-Su

1700 East Bogard Road  
Building A, Suite 103  
(907) 206-4601  
Ages 5+

### Fairbanks

570 Riverstone Way, Unit 3  
(907) 450-3300  
Ages 2+

By Appointment: Mon – Fri 7:30 a.m. – 6:30 p.m. Walk-in Appointments: Mon – Fri 8:30 a.m. – 6:30 p.m.

→ Visit [coalitionhealthcenter.com](http://coalitionhealthcenter.com)

## 2026 Plan Options and Rates

Plan Type	Effective January 2026
Employee Only (EE)	\$1,535 a month
EE Plus	\$2,300 a month
Family	\$3,067 a month

# How to Complete and Submit Your Enrollment Form

## Complete your Annual Enrollment Today!



### Online

Visit [www.959trusts.com](http://www.959trusts.com) or scan the QR code and select Health Benefits → Open Enrollment to submit your enrollment form online.

### In-Person

Complete the enclosed form and submit it in-person or by mail at:

**Alaska Teamster-Employer Welfare Trust**  
520 E 34th Ave., Suite 107  
Anchorage AK 99503

If you don't make any changes, your current selections will carry over into the new year.

## Contact Information

### Your medical and pension plan — in the palm of your hand

Download the BeneSys Now mobile app for easy access to your Health and Pension Plan information. The main functions of the app are:

#### Health Plan

- Check current **Eligibility** status, as well as one year of history
- Access your electronic **Medical ID card**
- View **dependent enrollment** information
- Track your family's annual deductibles
- Access individual accumulator information for each family member\*
- Access 12 months of Explanation of Benefits (EOB)

*\*Family members aged 18 and over must register individually*

#### Pension Plan

- See your Defined Benefit summary and pension detail by plan year, including your most recent calculated accrued benefit

#### Contributions

- View your last 12 months of contributions





### Trust Customer Service Office

Alaska Teamster-Employer Welfare Trust  
520 E. 34th Avenue, Suite 107  
Anchorage, AK 99503-4116  
Phone: (907) 751-9700 or (800) 478-4450  
Email: [benefits@959trusts.com](mailto:benefits@959trusts.com)  
[www.959trusts.com](http://www.959trusts.com)



### Costco Mail Order Pharmacy

802 134th St SW, Suite 140  
Everett, WA 98204  
Phone: (800) 607-6861  
Fax: (800) 633-0334  
[www.pharmacy.costco.com](http://www.pharmacy.costco.com)



### Vision Service Plan (VSP)

P.O. Box 385018  
Birmingham, AL 35238-0518  
Phone: (800) 877-7195  
[www.vsp.com](http://www.vsp.com)



### Transcarent Surgery Care (formerly Bridge Health)

Phone: (888) 387-3909  
[www.transcarent.com](http://www.transcarent.com)



### Hinge Health

Phone: (855) 902-2777  
Email: [help@hingehealth.com](mailto:help@hingehealth.com)  
[www.hingehealth.com](http://www.hingehealth.com)