

## Alaska Teamster-Employer Welfare Trust

*Eligible Participants and Eligible Dependents  
are invited to attend the*

### **ALASKA COALITION 2017 HEALTH FAIR**

**YOU MUST PRE-REGISTER FOR THE FOLLOWING FAIRS:**

**MAT-SU VALLEY** **September 23<sup>rd</sup> 8:00 a.m.–12:00 p.m.**  
Mat-Su Regional Medical Center,  
2500 S. Woodworth Loop- Palmer

**FAIRBANKS** **September 23<sup>rd</sup> & 24<sup>th</sup> 8:00 a.m. - 12:00 p.m.**  
Carlson Center, 2010 Second Ave

**ANCHORAGE** **October 7<sup>th</sup> & 8<sup>th</sup>, 8:00 a.m. - 12:00 p.m.**  
**October 14<sup>th</sup> & 15<sup>th</sup> 8:00 a.m. - 12:00 p.m.**  
Ted Stevens Int'l Airport- North Terminal  
5000 W. International Airport Road

**SOLDOTNA** **October 21<sup>st</sup> 8:00 a.m. - 12:00 p.m.**  
Central Peninsula Hospital  
250 Hospital Place

**ANCHORAGE** **November 4<sup>th</sup> & 5<sup>th</sup> 8:00 a.m. - 12:00 p.m.**  
Ted Stevens Int'l Airport- North Terminal  
5000 W. International Airport Road

Pre-registration for lab tests and flu shots **opens on August 14th**  
at [www.coalitionhealthfair.org](http://www.coalitionhealthfair.org). **Or call the Trust office at**  
**907-751-9700 to pre-register.**

**Pre-registration closes Sunday before the fair.**

### **LAB TESTS AVAILABLE AT THE HEALTH FAIR:**

Testing is available to eligible adults age 18 and over. Test results will be sent to you directly.

#### **CHEMISTRY/HEMATOLOGY PROFILE:**

**No cost to you – 100% paid by your health plan**

This is a comprehensive blood test that screens kidney function, liver enzymes, electrolyte (salt) imbalance, diabetes, tissue disease or damage, coronary heart disease and more. In order to obtain valid results, it is recommended that you fast for 12 hours before testing. Fasting means no food or drink except water. (Diabetics should NOT fast. In all cases, prescription medication should be taken.)

#### **THYROID SCREEN:**

**No cost to you – 100% paid by your health plan**

You may want to do this test if you have a family history of thyroid problems, if you are a female over age 45, or if you are experiencing unexplained weight loss or gain, depression, memory loss, or have a swollen thyroid.

#### **PROSTATE DISEASE SCREEN:**

**No cost to you – 100% paid by your health plan**

Men should have this test annually starting at age 50. Americans of African descent and men with a family history of prostate cancer should start screening at age 40.

**VITAMIN D TEST: No cost to you – 100% paid by your health plan** This test is for those who are on a Vitamin D regimen or who are considering Vitamin D supplements.

#### **FLU SHOTS:**

Flu shots will be offered to eligible participants age 9 and over at no cost to you – 100% paid by the Alaska Coalition – *pending availability of flu vaccine.*

*This health fair is brought to you by your Health Plan, through its participation in the Health Care Cost Management Corporation of Alaska (the Coalition).*

**\*\*\*IMPORTANT \*\*\* If you have primary coverage with another health plan, you will be required to pay for your labs and/or a flu shot before receiving Health Fair services.**



**ALASKA TEAMSTER-EMPLOYER**  
**WELFARE TRUST**

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