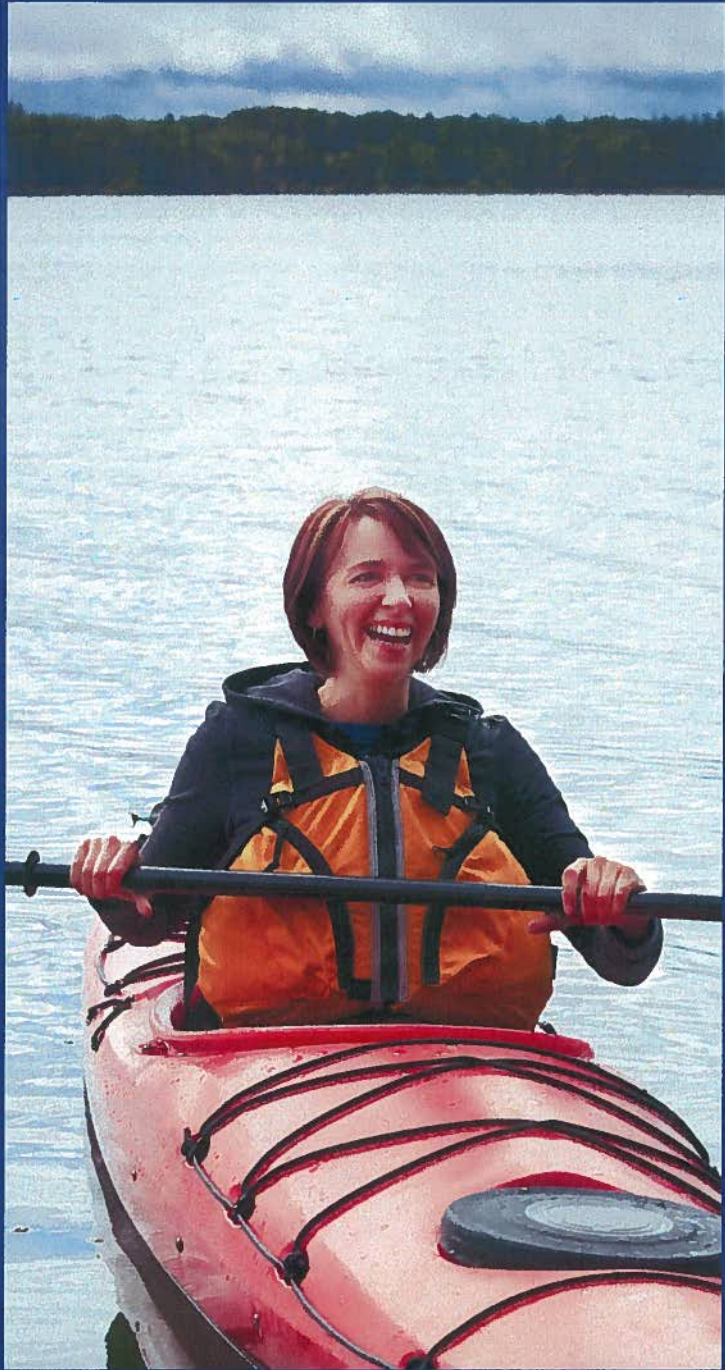


# May is Skin Cancer Awareness Month



Skin cancer is the most common form of cancer in the U.S. It has been estimated that nearly half of all Americans who live to age 65 will develop skin cancer at least once in their lifetime. The most common warning sign of skin cancer is a change in the appearance of the skin, such as a new growth or a sore that will not heal.

When you are having fun outdoors, it is easy to forget how important it is to protect yourself from the sun. Unprotected skin can be damaged by the sun's ultraviolet (UV) rays in as little as 15 minutes. Yet it can take up to 12 hours for skin to show the full effect of sun exposure.

## **PROTECT YOUR SKIN EVEN WHEN IT IS COOL AND CLOUDY**

Wednesday, May 23

6:30 p.m.

Ivy Room 1

Alaska Regional Hospital, First Floor

Reserve your space: 264-1383

Margretta O'Reilly, M.D., a board-certified dermatologist, will explain the different types of skin cancer, what to watch for, and who is at risk.

# NOT BIGGER JUST BETTER



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