

Why call MyNurse 24/7®?

- ▶ Friendly, experienced, Registered Nurses help you decide what your best choices are
- ▶ Someone available for you day and night
- ▶ Assistance with any health issues or questions
- ▶ General health and wellness information



Your Personal Nurse Line is:

800-971-2680

Call Toll-Free 24 hours,
365 Days a Year

In case of emergency, call 911

Compliments of
**Alaska Teamster- Employer
Welfare Trust**



Innovative Care
Management


MyNurse 24/7®
SIMPLY CARING

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